

**Health Measures for Canine Hydrotherapy Sessions with Bernadette KERBEY  
(Doggy & Moggy Holidays, Le Chêne Vert, Thiat, 87320, Val d'Oire et Gartempe)**

This guide is to explain the additional measures we are taking to keep us all well and prevent the spread of COVID-19. Please take a moment to read though, well before your session.

**Please note**

- Make sure your dog is comfortable with people wearing a mask *before* our sessions. You can wear one around the house and take it on and off without the dog seeing so they are completely desensitised to this.
- Hand sanitizer is available for use on entry and exit, on a table outside the treatment area.
- Please bring your own mask
- All harnesses, towels and equipment (including seating for owners, etc) disinfected or changed between each use.
- Disinfectant spray used in centre between clients.
- Normal strict pool sanitization processes continued which constantly monitor chlorine and other sanitation features to maintain optimal healthy and safe conditions.
- Owners wear masks at all times
- Hydrotherapist wears mask at all times outside the pool when 2-meter distance cannot be maintained due to the nature of the work.
- Appointments alternated with cleaning breaks to allow for sanitation between clients. Please be punctual for your session to allow for the clean down to be made between sessions and to avoid cross over between clients.
- Payment for each session by cheque, made out to Mme KERBEY Bernadette or cash and placed in box at the end of the session. (Apple Pay /BACs and contactless payment options are also available/being considered. )
- **NB. There are no toilets available on site**

## • **Additional health measures before, during and after session**

**BEFORE LEAVING HOME**, please ensure that you have the necessary towels, favourite treats, leads, harnesses for your dog and that you have the recommended PPE for use during the session, for yourself and any other people who accompany you.

### **Arrival**

1. Please beep horn on arrival and remain in car. Mask up! (For dogs uncomfortable with horn/noise sensitive please let me know and I will look out for you.)
2. Gates closed to secure the exercise area and kit change (leads collars harnesses) will be carried out outside - client to remove their items from the dog then we will put on hydro harness.
3. Scale tests and any land-based assessment done outside in secure exercise area.

### **Moving into Clinic**

4. Client walks ahead, puts on shoe coverings - automatic step in machine - and enters through open door to sit on chair 2m from shower. (Single use covers used on chair.)
5. Therapist follows in with dog and commences hydro shower massage.
6. Client directed to far end of pool or other side of treadmill to maintain correct distance
7. Therapist follows with dog at appropriate distance (or enters the treadmill with the dog).
8. Hydro work in pool or treadmill with owner encouraging dog as directed.
9. Client returns to chair by shower. Hydrotherapist follows with dog for post exercise hydro warm-down
10. Towel dry with our absorbent towels in shower area

### **Exit**

11. Owner leaves through door followed by therapist and dog.
12. Kit change in reverse - further drying with own towel can be done at this stage if required.

If you have any questions or concerns, please email me: